

Ticker Timing - Contractor License
Manager

HY-TEK's Meet

Laura K 5K/10K Road Race
Garden City, KS

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Name	Age	Team	Avg Mile	Finals
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Points

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5K Results - Women

1	Jessica Rogers	W5 5K	4:56.4	30:41.60
2	Karen Murrell	W5 5K	5:10.4	32:08.50
3	Patty Knoll	W5 5K	5:14.7	32:35.30
4	Stacey King	W5 5K	5:32.2	34:23.80
5	Leticia Rodriguez	W5 5K	5:44.8	35:42.10
6	Mayra Cruz	W5 5K	5:44.8	35:42.40
7	Elizabeth Mangin	W5 5K	6:00.4	37:19.20
8	Amber Hands	W5 5K	6:06.6	37:57.70
9	Rachael Gray	W5 5K	6:31.0	40:29.40
10	Jessica Regan	W5 5K	7:04.3	43:56.40
11	Missy Allen	W5 5K	7:31.3	46:44.00
12	Kim Fisher	W5 5K	8:04.8	50:12.00
13	Karla Pammenter	W5 5K	8:05.0	50:13.20
14	Debi Deal	W5 5K	8:10.0	50:44.60
15	Katie Unber	W5 5K	8:10.1	50:44.90

10K Results - Women

1	Mary White	W10 10k	7:27.2	46:18.60
2	Jaime Ellis	W10 10k	7:51.7	48:50.80
3	Heather Holstein	W10 10k	7:55.3	49:13.20
4	Lisa Wineinger	W10 10k	8:14.7	51:13.70
5	Tracy Johnson	W10 10k	8:28.4	52:38.50
6	Courtney Groble	W10 10k	9:03.4	56:16.30
7	Roxie Schaver	W10 10k	9:05.3	56:28.20
8	Paige Kraus	W10 10k	9:09.2	56:52.30
9	Trish Keller	W10 10k	9:29.7	58:59.50
10	Clarice Kohlhorst	W10 10k	9:34.9	59:31.80
11	Amber Miller	W10 10k	9:38.9	59:56.60
12	Rochelle Clower	W10 10k	9:46.2	1:00:42.40
13	Christy Briggs	W10 10k	10:18.9	1:04:05.60
14	Angie Englot	W10 10k	10:19.8	1:04:11.00
15	Diana Pena	W10 10k	10:19.8	1:04:11.10
16	Linda Lynch	W10 10k	10:29.7	1:05:12.80
17	Terri Swann	W10 10k	10:42.1	1:06:29.70
18	Tietgen Gwen	W10 10k	10:42.1	1:06:29.80
19	Shajia Ahmad	W10 10k	11:01.3	1:08:28.60
20	Jennifer Anderson	W10 10k	11:28.5	1:11:18.20
21	Ryan Anderson	W10 10k	11:28.8	1:11:19.70

5K Results - Men

1	Jamie Delgado	M5 5K	3:27.0	21:26.10
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2	Joey Ramos	M5	5K	4:32.8	28:15.10
3	Matt Allen	M5	5K	4:35.6	28:32.20
4	Jerrie Brooks	M5	10k	6:00.4	37:18.90

10K Results - Men

1	Derek Algrim	M10	10k	5:58.3	37:06.00
2	Alex Granados	M10	10k	5:59.1	37:11.10
3	Jake Bernasky	M10	10k	6:39.4	41:21.30
4	Chris Campbel	M10	10k	6:53.2	42:47.10
5	Isedrig Vnerio	M10	10k	7:27.1	46:17.70
6	Joe Pena	M10	10k	7:37.9	47:25.30
7	Roger Unruh	M10	10k	7:40.5	47:41.10
8	Jason Majors	M10	10k	7:45.3	48:11.10
9	Jeff Hughes	M10	10k	8:21.9	51:58.60
10	Doug Keller	M10	10k	8:30.2	52:50.10
11	Michael Popejoy	M10	10k	8:32.1	53:01.70
12	Mark Lynch	M10	10k	8:35.8	53:25.00
13	Mark Verhoff	M10	10k	9:06.6	56:36.00
14	Mike Howland	M10	10k	9:09.8	56:56.00
15	Chris Uebman	M10	10k	9:39.0	59:57.20
16	Emery Swagerty	M10	10k	11:22.1	1:10:38.40